PHP/IOP SCHEDULE W/SOBER LIVING SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 AM	Wake-up	Wake-up	Wake-up	Wake-up	Wake-up	Wake-up	Wake-up
10::00 AM	PHP	PHP	IOP 10-1	IOP 10-1	IOP 10-1		Adventure Day**
11:00 AM			PHP	PHP	PHP/IOP	Volunteer**	
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM	Gym Time/Free Time or Job Assisstance	Gym Time/Free Time Staff Meeting (Transportation blackout)	Gym Time/Free Time or Job Assisstance	Gym Time/Free Time or Job Assisstance	Gym Time/Free Time or Job Assisstance	Gym Time/Free Time or Job Assisstance/ Grocery Shopping	
4:00 PM							Free Time
5:00 PM							
6:00 PM	Life Skills**(mandatory)	Community Meeting** (mandatory)	DBT Skills** (mandatory)	Grocery Shopping	Free Time	Free Time	Free Time
7:00 PM	Free Time	AA/NA Meeting	Free Time				
8:00 PM	AA/NA meeting	Deep Cleaning**	AA/NA meeting	AA/NA meeting	AA/NA meeting	AA/NA meeting	AA/NA meeting
9:00 PM	Free Time		Free Time	Free Time	Free Time	Free Time	Free Time
10:00 PM	Medications	Medications	Medications	Medications	Medications	Medications	Medications
	Curfew Level 1	Curfew Level 1	Curfew Level 1	Curfew Level 1	Curfew Level 1		Curfew Level 1
11:00 PM	Curfew Level 2	Curfew Level 2	Curfew Level 2	Curfew Level 2	11PM - Curfew Level 2		Curfew Level 2
12:00 AM	Curfew Level 3	Curfew Level 3	Curfew Level 3	Curfew Level 3	11:30PM Curfew Level 3		Curfew Level 3