Resident Level -up Request Form

NAME_____ DATE: _____ CURRENT LEVEL:_____ REQUESTED LEVEL: _____

LEVEL I REQUIREMENTS		LEVEL II REQUIREMENTS		LEVEL III REQUIREMENTS		LEVEL IV REQUIREMENTS	
		[Eligible after 30 days]		[Eligible after 60 days]		[Eligible after 90 days]	
Do you have a sponsor?	Y | N	Do you have a sponsor ?	Y | N	Do you have a sponsor ?	Y | N	Do you have a sponsor ?	Y | N
Do you have work, school, IOP, or volunteer?	Y | N	Do you have work, school, IOP, or volunteer?	Y | N	Do you have work, school ,IOP, or volunteer?	Y | N	Do you have work, school, IOP, or volunteer?	Y | N
Do you attend at least 4 meetings a week?	Y | N	Do you attend at least 4 meetings a week	Y | N	Do you attend at least 4 meetings a week	Y | N	Do you attend at least 4 meetings a week	Y | N
Do you attend all the NSR in-house meetings?	Y | N	Do you attend all NSR in-house meetings?	Y | N	Do you attend all NSR in-house meetings& events?	Y | N	Do you attend all NSR in-house meetings& events?	Y | N
Do you keep your area clean & tidy?	Y | N	Do you keep your area clean & tidy?	Y | N	Do you keep your area clean & tidy?	Y | N	Do you keep your area clean & tidy?	Y | N
Do you do your assigned chores?	Y | N	Do you do your assigned chores?	Y | N	Do you do your assigned chores?	Y | N	Do you do your assigned chores?	Y | N
Do you meet with your case manager once a week?	Y | N	Do you meet with your case manager once a week?	Y | N	Do you meet with your case manager once a week?	Y | N	Do you meet with your case manager once a week?	Y | N
Do you adhere to all program rules?	Y | N	Do you adhere to all program rules?	Y | N	Do you adhere to all program rules?	Y | N	Do you adhere to all program rules?	Y | N
Do you wake up on time on a daily basis?	Y | N	Call ONE 10@10 meeting once a week	Y | N	Call ONE 10@10 meeting once a week	Y | N	Call ONE 10@10 meeting once a week	Y | N
Do you take medications as perscribed?	Y | N	Have you started 12 step work ?	Y | N	Are you showing leadership skills in the community?	Y | N	Are you showing leadership skills in the community?	Y | N
Do you submit ride requests 24 hrs in advance?	Y | N	Do you submit work schedules to your case manager?	Y | N	Do you submit work schedules to case manager?	Y | N	Do you submit work schedules to case manager?	Y | N
		Do you have a home group ?	Y | N	Do you have a home group ?	Y | N	Do you have a home group ?	Y | N
		Do you continue taking medications ?	Y | N	Do you volunteer at your home group?	Y | N	Do you volunteer at your home group?	Y | N
		Do you wake-up on your own each morning?	Y | N	Do you have a service commitment?	Y | N	Do you have a service commitment?	Y | N

	Level II Benefits	Level III Benefits	Level IV Benefits
Curfew at 10:00PM	Curfew 10:30PM weekdays & 11:00PM Friday & Saturday	Curfew 11:00PM weekdays & 11:30PM Friday & Saturday	Curfew 12AM on weekdays & weekends
NO Overnight or Extended Curfews	Volunteering on Saturday becomes optional if holding a 30 hr wk schedule	Thursday 12-step meeting is optional	Monday, Wednesday, & Thursday are optional
NO Vechicle	Have a vechicle w/ proper ID and Insurance	Concerts allowed w/ prior permission & with other recovery people	Dating is permitted
NO Concerts	Overnights & extended curfews can be submitted to staff for approval	Extended Curfews can be approved by staff on duty	Extended Curfews can be approved by staff on duty
NO Dating		Sunday Adventure is optional if holding a 30 hr a wk schedule	Concerts allowed w/ prior permission & with other recovery people

Tuesday is MANDATORY for every level

Maintain ALL requirements for current level to stay on that level otherwise you will be put back a level

If you are on a contract, you will automatically go back to Level I

You will have 1 week to correct the current level requirement before leveling down

| APPROVED | DENIED |

NeXt Step RECOVERY