



Bio for Rion Gray

Rion's recovery story:

I found myself in long term recovery from hardships and bad decisions. I no longer allow drugs or alcohol to effect the way I think or react. There have been times in my life when I lost control in my ability to make the right decisions and it cost me dearly. Through a lot of effort and willingness to learn and accept myself, I have successfully made the transition to a responsible, loving, and caring adult.

How Rion came to Next Step:

I came to Next Step through a childhood friend who teaches a Relapse Prevention class here every Thursday. I was making fairly good money working in a factory at the time but I didn't feel fulfilled in life. I knew I had the ability to connect with people of struggle such as myself and thankfully I was given the opportunity to love what I do for a living! I enjoy the camaraderie and the feeling of assisting someone in reaching their potential for living a meaningful and positive life.

Rion's advice for recovering addicts and their friends & family:

Patience, effort and humility from every team member is important for the growth and transition into a sober and positive life!

A little known fact about Rion:

I'm a sports fanatic who loves boxing and a closet pro wrestling fan as well!