



## **Bio for Andrew Groover**

### **Andrew's recovery story:**

I grew up in Greenville, SC and began using drugs in middle school. I used for a long time and eventually found myself in jail for 60 days. This was the awakening moment for me and allowed me a lot of time to reflect on my choices. I decided to move away from Greenville after being released from jail and to find a better way to live with my mother and daughter. We left for Asheville the following day where I could then begin treatment. I've been clean and sober now since Valentine's Day of 2015 and I've enjoyed working in recovery since September of 2016.

Asheville has been a very healing place for me and marked a new journey where I've discovered a self love I never knew before and with new found hope for myself as well as my family. The bonuses are... beautiful mountains, great restaurants, and a recovery scene that is equal to none.

### **How Andrew came to Next Step:**

I've worked in inpatient treatment environments and found a bond with other men who have had similar journeys. It always felt to me that transitional recovery homes are where you meet others who really want recovery. I was out to eat with a bunch of friends from recovery and met Aaron who suggested that I come meet Susan from Next Step Recovery to discuss a job opening at the time.

I've enjoyed helping others who are where I used to be. I see myself becoming a Certified Substance Abuse Counselor in the near future and giving back to the community that may have possibly saved my life.

### **Andrew's advice for recovering addicts and their friends & family:**

Give yourself a break and let people help you who have been where you've been and have found a new way to live.

### **A little known fact about Andrew:**

I like to hike with my dog. I like to go to my daughter's gymnastics meets. I collect hats and shoes.