

Levels Explained

<u>Level I</u>	<u>Level II</u>	<u>Level III</u>	<u>Level IV</u>
Curfew is 10:00pm during the week and weekend	Curfew of 10:00pm on weekdays, and 10:30pm on weekends (Friday & Saturday)	Curfew of 11:00pm weekdays & 11:30pm on weekends (Friday & Saturday).	Curfew is 12AM curfew on weekdays & weekends
Must attend at least (4) 12-AA/NA meetings per week	Continue attending at least four (4) 12-step meetings per week	Residents must attend at least (4) 12-step meetings per week	Residents must attend (4) 12-step meetings per week
Residents must obtain a sponsor within the first two weeks	Residents must <u>maintain</u> a sponsor and start on 12-step work	Maintain a sponsor and continue with 12-Step work & home group responsibilities	Maintain a sponsor and continue 12-Step work & home group responsibilities
Attendance at all community meetings, life skills classes, and relapse prevention groups is required	Attendance at 3 out of 4 house meetings, life skills and relapse prevention groups is required	Attendance at 2 out of 4 house meetings, life skills and relapse prevention classes is required	Residents join H & I to start giving back to the 12-step community
Residents must obtain employment, go to school, or be a volunteer full time	Resident must remain employed be a student or volunteer 30 hrs. a week	Resident must remain employed, be a student, or be volunteering 30 hrs. a week	Resident must remain employed, be a student or be volunteering at least 30 hrs a week
Next Step Recovery will provide job search assistance 4 times per week, Monday – Thursday	Continue weekly meetings with case manager and submit your weekly schedule	Residents must turn in a request form one week in advance for an overnight pass or extended pass	Monday, Wednesday & Thursday are optional
Overnight & Extended Curfews on a case-by-case basis - turn in request a week in advance	Overnight & Extended curfews will be approved on a case-by-case basis	Extended curfews approved by manager on duty	Eligible for a one-man room if available
Adherence to all program rules	Residents must turn in a request form one week in advance for an overnight pass or extended curfew	Maintain weekly case management meetings	Dating is allowed
Meet with your assigned Case Manager	Community volunteering on Saturday becomes optional only if you have work, school, volunteering up to 30 hrs. per week.	Continue to lead at least one 10 @ 10 meeting in your apartment once a week	Start making an exit plan with case manager
Consistently and satisfactorily complete daily chores and weekly deep cleaning	Lead one 10 @ 10 meeting in your apartment per week	Weekend volunteering and outdoor adventure is optional	Concert attendance is allowed
No dating allowed	Obtain a home group	Eligible for a two-man room if available	Become & remain a community leader
No concert attendance allowed	Run in-house Blood Hounds meeting on Tuesday	Can start going to concerts with prior approval	